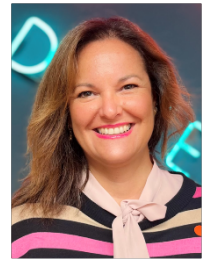


# PÍA VALENZUELA

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<https://actaphilosophica.academia.edu/PiaValenzuela>

Born in Santiago, Chile, I studied Philosophy at Universidad de los Andes in Santiago before moving to Slovenia, where I completed my master's degree at the University of Ljubljana. I earned my PhD in Philosophy from the Pontifical University of the Holy Cross in Rome, where I now serve as an Assistant Professor of Applied Ethics in the School of Philosophy.

I have taught Ethics at Universidad de los Andes in Chile and served as a Teaching Assistant in Applied Ethics at the Faculty of Law and Business Studies at the Catholic Institute in Slovenia. I also previously taught ethics (online) at Universidad Panamericana in Mexico. My research explore emotions, virtue, and human flourishing, with primary interests in the theory of emotions, virtue ethics, philosophical and moral psychology, and positive psychology.

## EDUCATION

2022 May PhD, Philosophy (*summa cum laude*), Pontifical University of The Holy Cross (PUSC), Rome, Italy, »The Value of Emotions based on Magda Arnold and Barbara Fredrickson theories« (Supervisor: Prof. Juan Andrés Mercado; Co-supervisor: Prof. Antonio Malo)

2014 January Master's Degree of Philosophy-Ethics, Faculty of Arts, University of Ljubljana, Slovenija, »Natural Law as the Basis of a Rational Ethics« (Supervisor: Prof. Olga Markič)

2002 January Licentiate of Philosophy, University of The Andes (*Universidad de Los Andes*), Santiago, Chile, »The Habit of Moral Science« (Supervisor: Prof. María Elton)

## OTHER

2022 December »Discovering Personality«, an 8-module personality course taught by Jordan B. Peterson (<https://courses.jordanbpeterson.com/personality>), with a certificate released on December 31th)

2018 August »Positive Psychology« taught by Barbara Fredrickson, an online non-credit course authorized by the University of North Carolina at Chapel Hill, with a certificate released on August 27th)

## TEACHING EXPERIENCE

2024 October– Assistant Professor of Applied Ethics at Pontifical University of the Holy Cross, Rome  
January–March *El valor de las emociones* course for professors at the Institute of Humanities,  
Universidad Panamericana, Guadalajara, Mexico

2023 January– Lecturer of Ethics at Universidad Panamericana, Guadalajara, Mexico

June *Emociones positivas y florecimiento humano*. Seminar for professors of the Academy of  
Anthropology and Ethics, Universidad Panamericana, Guadalajara, Mexico, 19. 6. 2023.

2016 June – 2022 October Teaching Assistant of Applied Ethics (Master level), Faculty of Law and  
Business Studies, Catholic Institute, Ljubljana, Slovenija  
Seminar on Aristotle's Nicomachean Ethics; General Ethics; Environmental Ethics

2022 August *El valor de las emociones positivas: The joy of doing and making*. Seminar for professors  
and students of Psychology and Pedagogy, Universidad Panamericana, Guadalajara, Mexico, 11. 8.  
2022. [COBISS.SI-ID 122017283]

2020 October *Eudaimonic vs hedonic well-being: authors and ideas in the contemporary debate*.  
Seminar for researchers and doctoral students of Psychology and Philosophy, Pontificia Università  
della Santa Croce, Università Europea di Roma and Libera Università Maria Ss. Assunta (LUMSA),  
Rome, 7th October 2020. [COBISS.SI-ID [34870019](#)]

February *Considerations about B. Fredrickson's psychophysiological perspective of love*, Workshop for  
doctoral students from Psychology (LUMSA) and Philosophy (PUSC), at Libera Università Maria SS  
Assunta (Lumsa), Rome, 28th February 2020. [COBISS.SI-ID [1024492512](#)]

2014 Lecturer of General Ethics (Undergraduate level)  
CEG, University of the Andes (Universidad de los Andes), Santiago, Chile

## RESEARCH INTERESTS

Pía's research includes work on Emotion, Virtue, Flourishing, and Natural Law. She is mainly  
interested in Emotion Theory, Virtue Ethics, Philosophical and Moral Psychology, Positive Psychology,  
Moral and Political Philosophy. Her current projects are: 'Human Flourishing' and 'Magda Arnold's  
Scholars'.

## PUBLICATIONS

*Empathy, Sympathy, and Compassion: Navigating the Landscape of Emotional Resonance*, » Prolegomena« 24(1) (2025): 137-152. <https://doi.org/10.26362/20250106>

Editorial: Emotional regulation and human flourishing: theoretical and empirical perspectives. *Front. Psychol.* (2025) 16:1565130. doi: 10.3389/fpsyg.2025.1565130

*La virtud de la alegría* In J. Ahedo, V. Domingo y Z. Espinosa (Eds.), *La educación de las virtudes humanas. Claves para la práctica educativa*. Dykinson Madrid 2024, pp. 117-127. ISBN: 978-84-1070-783-2. <https://doi.org/10.14679/4256>

*Phronesis in Educating Emotions*. »Topoi« (2024). <https://doi.org/10.1007/s11245-024-10017-y>

*The Value of Emotions based on Magda Arnold and Barbara Fredrickson theories*, EDUSC, Rome 2024. ISBN: 979-12-5482-218-0.

*Fredrickson on flourishing through positive emotions and Aristotle's eudaimonia*, »Conatus - Journal of Philosophy« 7 (2) (2022): 37–61. <https://doi.org/10.12681/cjp.25202>.

J. A. Mercado – P. Valenzuela, *L'armonizzazione del desiderio per la fioritura umana* In S. Langella, M. Croce e M. S. Vacarezza (Eds.), *Virtù, natura e fioritura umana*, Saggi in onore di Angelo Campodonico, MIM Edizioni Srl, 2022, pp. 165-176. ISBN 9788857583709. [COBISS.SI-ID [99847427](#)]

P. Valenzuela, "Magdalena Bosch (ed.), *Desire and Human Flourishing: Perspectives from Positive Psychology, Moral Education and Virtue Ethics*, Springer Berlin 2020, pp. xiii + 452, In »Acta Philosophica« 30 (2) 2021, Schede Bibliografiche, pp. 426-427.

*Človek in narava : naravni zakon kot temelj okoljske etike* (Human Being and Nature: Natural Law as a Basis of Environmental Ethics). »Res novae : revija za celovito znanost«, (2020), letn. 5, št. 2, str. 27-48. ISSN 2464-0344. [COBISS.SI-ID [22943491](#)]

J. A. Mercado – P. Valenzuela, *Virtues, Suffering and the Search for Meaning. At the Crossroads of Philosophy and Psychology*, (Presentation) »Acta Philosophica« 29 (1) 2020: 11-17. DOI: 10.19272/202000701001. ISSN 1825-6562. [COBISS.SI-ID [521577497](#)]

*Considerations about a psychophysiological perspective of love*, »Forum. Supplement to Acta Philosophica« 5/1 (2019): 325–338. ISSN 2498-9746. DOI: <https://doi.org/10.17421/2498-9746-05-20> <https://forum-phil.pusc.it/article/view/175> [COBISS.SI-ID [1024487648](#)]

*Normativnost in transcedenca naravnega prava : primerjava pristopov Tomaža Akvinskega in Francisca Suáreza* (Normativity and Transcendence of Natural Law: A comparison of the approaches of Thomas Aquinas and Francis Suárez). »Res novae : revija za celovito znanost«, (2018), letn. 3, št. 1, str. 95-128. ISSN 2464-0344. [COBISS.SI-ID [1024435168](#)]

*The metaphysical bond between natural and human beings: an argument from Aquinas's natural law for justifying environmental ethics*, »Forum. Supplement to Acta Philosophica« 3 (2017): 263-276. ISSN 2498-9746. <https://forum-phil.pusc.it/article/view/140> DOI: [10.17421/2498-9746-03-17](https://doi.org/10.17421/2498-9746-03-17). [COBISS.SI-ID [1024433888](#)]

*Between Scylla and Charybdis: Aquinas's political thought and his notion of natural law and ius gentium*, in M. Koskenniemi, M. García-Salmones, P. Amorosa (Eds) *International Law and Religion: Historical and Contemporary Perspectives*. History and Theory of International Law Series, Oxford University Press, 2017, Chapter 2: 43-63 DOI: 10.1093/oso/9780198805878.003.0003 [COBISS.SI-ID [1024430816](#)]

*Naravni zakon kot temelj racionalne etike = Natural law as the basis of rational ethics* : magistrsko delo. Ljubljana: [P. Valenzuela], 2013. 236 str. [COBISS.SI-ID [53271906](#)]

*O novi teoriji naravnega zakona* (About new Natural Law Theory) in »Analiza«, 14, 1-2 (2010): 113-141 Ljubljana: Društvo za analitično filozofijo in filozofijo znanosti (ISSN 1408-2969) [COBISS.SI-ID [256107008](#)]

P. Valenzuela, *Exploring positive emotions: Unveiling Complexity and Significance*. In: European philosophical society for the study of emotions Conference, EPSSE, Tartu (Estonia), 15th - 17th June, 2023. [https://www.epsse.org/files/ugd/4101bb\\_803a2fdcd7ed47ab9f28e97565b0679f.pdf](https://www.epsse.org/files/ugd/4101bb_803a2fdcd7ed47ab9f28e97565b0679f.pdf) (unpublished)

J. A. Mercado – P. Valenzuela, *Coping with complexity: methodological overlaps between psychology and philosophy*. In: Integrating research on character and virtues: the tenth-anniversary conference of the Jubilee centre for character and virtues: 10 years of impact, Oxford, Oriel College, 8-10 September 2022. Birmingham: The Jubilee centre for character and virtues. [https://www.jubileecentre.ac.uk/userfiles/jubileecentre/pdf/Mercado\\_Valenzuela-pdf.pdf](https://www.jubileecentre.ac.uk/userfiles/jubileecentre/pdf/Mercado_Valenzuela-pdf.pdf). [COBISS.SI-ID 122013699] (unpublished)

J. A. Mercado – P. Valenzuela, Philosophical anthropology and psychology at work: Fredrickson's "Broaden-and-build theory" and Polo's suggestions for the workplace. In: *The future of work: promoting dignity and human flourishing*. Navarra: University, IESE, Business school. 2021, [15] str. [https://apply.iese.edu/the-future-of-work-promoting-dignity-and-human-flourishing/download\\_papers](https://apply.iese.edu/the-future-of-work-promoting-dignity-and-human-flourishing/download_papers). [COBISS.SI-ID [78064387](#)] (unpublished)

*Magda B. Arnold's work on the integration of Philosophy and Psychology perspectives on Human Emotion*, In: »Women in the History of Philosophy«, British Society for the History of Philosophy, Annual Conference 2020 postponed to 21-23rd April 2021, University of Durham, UK (unpublished)

J. A. Mercado – P. Valenzuela, *The Teleology of Human Agency as a Basis of Flourishing: Some Hints From Anscombe and MacIntyre*, In: the Virtues and the Flourishing Life Conference, Oriel College, Oxford January 2nd-5th, 2020 (unpublished)

*Aristotle's social virtues and the theory of positive emotions of B. L. Fredrickson*, In: »Virtue Ethics and Psychology. Towards a New Science of Virtues?« ARETAI Third Annual Conference, 18-20th October 2018, European University of Rome, IT (unpublished)

*Positive emotions, Flourishing and Wisdom: A conversation with Barbara L. Fredrickson* (2020) pp. 1-7. DOI: 10.13140/RG.2.2.31177.16488. [https://www.researchgate.net/publication/342522099\\_Positive\\_emotions\\_Flourishing\\_and\\_Wisdom\\_A\\_conversation\\_with\\_Barbara\\_L\\_Fredrickson](https://www.researchgate.net/publication/342522099_Positive_emotions_Flourishing_and_Wisdom_A_conversation_with_Barbara_L_Fredrickson)

## **SOME RELEVANT SCIENTIFIC/ACADEMIC ACTIVITIES**

9th Aretai Annual Conference. "Human Flourishing, Psychological Well-being, and Virtue" with the paper "Emotional well-being and flourishing", European University of Rome, 15-17 September 2025

ECVA Conference 2025 "What makes a life of flourishing? Exploring the Intersection of Character, Life Skills and Competencies" with the paper "Fredrickson on Flourishing through Positive Emotions and Aristotle's Eudaimonia", Viena 24-26 June 2025

12th European Philosophical Society for the Study of Emotions (EPSSE) Annual Conference with the paper "Emotional Detachment: Understanding the Barriers to Emotional Resonance and Connection", Panthéon-Sorbonne University (Paris), 11th - 13th June 2025

XXV Convegno internazionale di studi Prospettive sull'altruismo: empatia, compassione, cura with the paper "Empathy, Sympathy, and Compassion: Navigating the Landscape of Emotional Resonance", Pontificia Università della Santa Croce, Rome, March 6-8, 2025

Aretai 8th annual Conference "Ethos and virtue: theoretical and practical perspectives", in collaboration with Juan A. Mercado with the paper *Wisdom and phronesis in the university ethos*, Università degli Studi Aldo Moro, Bari, September 25-27, 2024

Affective and Emotional Dimensions of Experience (AEDE) International Conference with the paper *Felt Tendencies: Exploring the Core of Emotion through Arnold's Perspective*, 3-5 July 2024, Catholic University of Braga (Portugal)

Società Italiana di Psicologia Positiva (SIPP) Conference "Venti di positività. Bilancio e prospettive future", in collaboration with Juan A. Mercado with the paper *Il contributo della formazione sapienziale al benessere universitario*, LUMSA Rome, 14-15 June 2024

Keynote Speaker at the International Conference "Positive Emotions and Caring: Positive Psychology in Educational Contexts" (Emozioni positive e cura: la Psicologia Positiva nei contesti educative) with the lecture "Il valore delle emozioni positive", LUMSA Rome, March 21st 2024

Participation in Rudolf-Carnap Lectures 2024 Prof. Lisa Feldman Barret "Relational Realism" at Ruhr-Universität Bochum March 14-16th

Topic Coordinator of co-edited volume *Emotional Regulation and Human Flourishing: Theoretical and Empirical Perspectives*, Frontiers in Psychology, Section Theoretical and Philosophical Psychology [Emotional Regulation and Human Flourishing: Theoretical and Empirical Perspectives \(ongoing\)](#)

Aretai 7<sup>th</sup> Conference "Phronesis, Virtues, and Meta-Virtues," with the paper *Phronesis and educated emotions*, University of Genova (Italy), 20-22 September 2023.

10th Anniversary Conference of the Jubilee Centre for character and virtues: Integrating research on character and virtues, with the paper *Coping with complexity: methodological overlaps between psychology and philosophy*, Oxford, Oriel College, 8-10 September 2022.

European philosophical society for the study of emotions (EPSSE) International Annual Conference, with the paper *Positive emotional resonance: considerations from Arnold, Fredrickson and phenomenological views*, Graz, Austria, 9th - 11th June, 2022 <https://www.epsse.org/single-post/epsse-2022-programme>. [COBISS.SI-ID [112761859](#)]

*The future of work: promoting dignity and human flourishing*. 21st International Symposium on Ethics, Business and Society, with the paper *Philosophical anthropology and psychology at work: Fredrickson's "Broaden-and-build theory" and Polo's suggestions for the workplace* IESE Business school, 12-13th 2021, Barcelona, Spain

Co-editor of *Virtues, Suffering and the Search for Meaning. At the Crossroads of Philosophy and Psychology* ACTA PHILOSOPHICA Monographic Issue, 1-2020. ISSN 1825-6562 [COBISS.SI-ID [521577497](#)]

Annual Conference of the Jubilee Centre for Character and Virtues: Virtues and the Flourishing Life, with the paper *The Teleology of Human Agency as a Basis of Flourishing: Some Hints From Anscombe and MacIntyre*, Oxford, Oriel College, January 2nd-5th, 2020

Annual Conference of SIPP (Italian Society of Positive Psychology), participation in the workshop »La promozione del benessere nell'arco di vita«, 13-15th June 2019, Milan, Italy

International Conference »Human nature, body and soul. Convergence and perspectives« with the paper *Considerations about a psychophysiological perspective of love*, Pontificia Università della Santa Croce (PUSC), Roma, 18-19th March 2019 [COBISS.SI-ID [1024474848](#)]

Aretai - Center on virtues 3rd Annual Conference »Virtue Ethics and Psychology: towards a new science of virtues?«, with the paper *Aristotle's social virtues and the theory of positive emotions of B. L. Fredrickson*, Università Europea di Roma, 18-20th October 2018 [COBISS.SI-ID [1024451808](#)]

9th European Conference on Positive Psychology (ECP) 27-30th June 2018, Budapest, Hungary, *Interview with Prof. Barbara L. Fredrickson*

International Conference »The Metaphysical Dimensions of Nature«, with the paper *A metaphysical bond of natural and human beings. An argument from Aquinas' natural law for justifying environmental ethics*, Pontificia Università della Santa Croce (PUSC), Rome, 23-25th February 2017 [COBISS.SI-ID [1024452320](#)]

Member of the research working group »International Law and Religion« within the project »Intellectual History of International Law: Religion and Empire'« by the Erik Castren Institute of International Law and Human Rights, University of Helsinki, Finland, 2013-2015, <http://www.helsinki.fi/intlawhistory>

The second meeting on »International Law and Religion« with the paper *Between Scylla and Charybdis. Aquinas's political thought and his notion of natural law and ius gentium*, Rome, 5-7th May 2014 [COBISS.SI-ID [1024450784](#)]

Participation in the workshop »Politico-Theological foundations of universal human rights: The case of Maritain« with Professor Miguel Vatter (University of New South Wales), Universidad de los Andes, Santiago, Chile, 22nd April 2014

The first meeting on »International Law and Religion« with the paper *Internationalism and the Sacred. A metaphysical-theological approach*, Helsinki, 13-14th May 2013 [COBISS.SI-ID [1024450528](#)]

## **AFFILIATIONS, MEMBERSHIPS, OTHER**

External Collaborator of the Research group »Relaciones Interpersonales, Emociones y Crecimiento Humano (IREH)« ( <https://www.villanueva.edu/grupos-investigacion/> )

Slovene Philosophical Association (SFD)

Network for Research on Morality (NRM), Miami

Human Flourishing Project, Pontifical University of the Holy Cross (PUSC), Rome

European Philosophical Society for the Study of Emotions (EPSSE)

Società italiana di Psicologia Positiva (SIPP)

European network of Positive Psychology (ENPP)

Editorial board member of the International Journal of Education and Practice

Referee Acta Philosophica; Passion

## **SKILLS**

### **a. Languages**

Mother Tongue: Spanish

Other Languages:

	English	Italian	Slovenian	German
• Reading	C1	C1	C2	A2
• Listening	C1	C1	C1	A1
• Writing	C1	B2	C1	A1
• Speaking	C1	B2	C1	A1

\*Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user  
Common European Framework of Reference for Languages

### **b. Social and organisational skills**

-From 2016 till oct. 2022: working experience as Coordinator of the International Office at Catholic Institute (Erasmus+ projects, International agreements)

-Teamwork and research work oriented

-Interdisciplinary work

-Work with university students

-Organisation of social and cultural events

### **c. Technical skills**

Competent with Windows and other Microsoft Office programmes

Novembre 2025